

Studio Technical Specification

Wellbeing Media Studio is a purpose-built, small-scale production space designed to support high-quality mental health content for broadcast, streaming, and digital platforms.

The studio supports:

- Live and pre-recorded TV and podcast production
- Expert-led discussion formats and interviews
- Multi-camera recording and live streaming
- Professional audio capture suitable for broadcast and podcast release
- Remote guest contribution where required

Distribution capabilities include:

- Live streaming to LinkedIn Live, YouTube, and Facebook
- Recorded content formatted for on-demand viewing
- Audio production for podcast platforms

Designed for integrity and clarity - Our studio environment prioritises psychological safety, supporting thoughtful conversation and deeper exploration of wellbeing topics without unnecessary production complexity.

This technical setup exists to serve the content and the conversation, enabling accessible, responsible mental health programming rather than commercial-scale production.

For the TV studio:

- 2 x Panasonic HX-E1500 Cameras- High quality output on HDMI
- Blackmagic ATEM Mini Extreme ISO
- Elgato StreamDeck to simplify changes within programmes
- AudioTechnica Headphones-for producer audio monitoring
- Allen & Heath ZED14 Audio Mixer
- Ability to connect a remote speaker / live link using Zoom
- Logitech Webcam- for remote speakers to see the studio
- 3 x Wireless Mic Beltpacks and lapel mics
- 1 x In-Ear Monitor System (IEM) for host to hear remote speakers and video audio
- Lighting 3 x Kenro LED panels

- Manfrotto Greenscreen

Our studio set features:

- Manfrotto Greenscreen to enable a choice of background
- Samsung TV- for displaying logos/remote speakers etc

Set options (You may bring your own items please check beforehand as space is limited):

- Small sofa/ Individual matching chairs x 2 / Barstool x 2
- Small table
- Fireside chat/Lounge style set up.

For Podcasting:

- Rodecaster Pro 2
- 4 Rode Podmic mics and AudioTechnica Headphones for up to 4 guests
- Ability to connect remote guests via Bluetooth on a mobile device
- With Podcast hire, you can bring your own phone in to record/stream
- Mimas Soundproofing curtain designed to block 10-13db and absorb sound 0.85aw (B rating) with 1 layer of acoustic lining.